## Studies in Survival: 2017 paintings by Delpha Hudson that celebrate women

Using a simple folk-textile painting style with title texts, these paintings depict and explore ways in which women and mothers survive psychologically, physically, and mentally.

They were on show at the Acorn Theatre Gallery and a few local galleries and were all sold.

Ask for Help (learning to), 25x25x3cm, acrylic on canvas
Look no hands (free), 25x25x3cm, acrylic on canvas
Say it how it is, how you feel, 25x25x3cm, acrylic on canvas s
Wash your hands (of guilt), 25x25x3cm, acrylic on canvas
Unspoken, 40x40x4cm, acrylic on canvas

Other paintings included *Be Angry Sometimes, Celebrating Natural Resourcefulness,* (25x25x3cm), *Your words,* (40x40x4cm) If you would like to commission a new painting get in touch.