Studies in Survival: paintings that celebrate women by Delpha Hudson

Using a simple folk-textile painting style with title texts, these paintings depict and explore ways in which women and mothers survive psychologically, physically, and mentally.

Ask for Help (learning to), 25x25x3cm, acrylic on canvas
Look no hands (free), 25x25x3cm, acrylic on canvas s
Say it how it is, how you feel, 25x25x3cm, acrylic on canvas
Wash your hands (of guilt), 25x25x3cm, acrylic on canvas
The richest smile (no matter how poor), 25x25x3cm, acrylic on canvas
Unspoken, 40x40x5cm, acrylic on canvas

Other paintings on show: **Be Angry Sometimes**, **Celebrating Natural Resourcefulness**, (25x25x3cm

Other work can be viewed at <u>www.delphahudsonartist.co.uk</u>, or arrange a visit to ATELIER STUDIO, 20 bread street, PZ, TR18 2EH